

Filler Post Care

- Ice can be applied to treatment area for comfort and to decrease swelling, apply 20 minutes every hour
- Avoid heavy exercise for 24 hours post injection
- Do not apply any make-up or moisturizer to the treated area for 6 hours after injection, after the 6 hours when apply gently with clean applicators or hands
- Acetaminophen (Tylenol) or Ibuprofen (Motrin or Advil) can be taken to help with soreness post injection
- 25-50mg of Benadryl can be taken to help redness, swelling, or itching. Keep in mind Benadryl can make you sleepy.
- Avoid direct sunlight for long hours, extreme hot or extreme cold until swelling and redness subsides. (ex: hot tubs, saunas, tanning beds, and sun tanning)
- Sleep with your head elevated with multiple pillows to help decrease swelling.
- Avoid facials, massages, or cosmetic treatments on treatment area for 2 weeks post injection
- Product is moldable for up to 2 weeks be careful not to put heavy pressure on the treatment area.
- If lips are treated, try to avoid straws for 24 hours.
- Swelling and bruising can occur for up to two weeks.
- Full treatment results may not appear for two full weeks, avoid getting treated in the same area with filler for two weeks.
- Bumps, lumps, or irregular asymmetrical may appear during two week healing period. After two weeks lumps and bumps may be felt but should not be visible.

Please contact injector immediately if these occur:

- If area appears red, hot to touch, and “angry” looking
- EXTREME amounts of pain that over the counter pain medicine does not alleviate
- If area has blue, web-like tinting under the skin where injections were placed
- If discolored blotchy patches in areas that were not injected appear
- If injection areas are blanching (when blood does not return to the area or is sluggish when pressure is applied)